RELUNCH YOUR CAREER
Are you looking to change careers but have no idea where to start?

Have you taken a career break and are looking for advice and support on how to re-enter the workforce?

Have you relocated because of your significant other and now find yourself unemployed?

We have a special event just for you. On November 4th 2017, at the British Antarctic Survey’s Aurora Center, we will be hosting ‘Relaunch Your Career’.

We aim to give you the tools, confidence and support system to take that first step. A full day of training for women with a background in Science, Technology, IT, Engineering, Maths, and Medicine, it will include expert speakers, workshops and plenty of networking opportunities.

We invite all women, regardless of your career stage, to take advantage of this incredible event.

The morning will be devoted to talks from experts about identifying your skills, job flexibility, confidence, negotiation and more and the opportunity to ask questions and interact with the speakers.

Following a lunch break, we will have workshops to give you hands-on experience on creating an
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>From 9:00</td>
<td>Registration</td>
<td>Networking</td>
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<tr>
<td>9:30-9:45</td>
<td>Welcome</td>
<td>Welcome by Dr Beatrix Schlarb-Ridley FRSB</td>
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<td>Director of Innovation and Impact</td>
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<td>British Antarctic Survey</td>
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<td>It's not what you’ve got, it’s what you do with what you’ve got by Katherine Wiid</td>
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<td>10:00</td>
<td>First session</td>
<td>How to Shine When Returning to Work by Claire Button</td>
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<td>11:00</td>
<td>Coffee break</td>
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<td>11:30</td>
<td>Second session</td>
<td>Job sharing in STEM by Sara Horsfall</td>
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<td>Confidence and negotiation by Christina Youell</td>
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<tr>
<td>12:30</td>
<td>Lunch break</td>
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<tr>
<td>14:30</td>
<td>Workshops</td>
<td>Self-Promote Through Your CV – re-write your CV to kick-start your dream career: with Claire Button</td>
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<td>Careers Anchors, identify your strengths &amp; values with Tennie Videler</td>
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<td>Getting noticed on LinkedIn and online presence with Catherine Sorbara</td>
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<td>15:30</td>
<td>Tea break</td>
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<tr>
<td>16:00</td>
<td>Panel and Q&amp;A</td>
<td>Hosted by Jenny Brookman.</td>
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<td>Sarah Bearpark – Returner</td>
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<td>Ruchi Chauhan – Relocated from the USA</td>
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<td>Claire MacDonald – Former Attendee</td>
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<td>Catherine Onley – Returner</td>
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<td>Ruchi Sharma – Career changer</td>
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<tr>
<td>17:00</td>
<td>Networking</td>
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<td>18:00</td>
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Beatrix Schlarb-Ridley

Beatrix started in May 2014 as Director of Innovation and Impact at BAS.

She studied Biochemistry in Germany and then moved to Cambridge, where she obtained her MPhil and PhD in photosynthesis research. A protein biochemist by background with 20 years experience in fundamental and applied research, Beatrix’s focus is on unlocking the potential of polar research for the benefit of society and industry.

She has gained real-life experience of the challenges associated with commercialisation through involvement in a spin-out company developing algae- and moss-based biophotovoltaic devices, and has driving the development of an Innovation Centre at BAS – a space with excellent conference and meeting facilities, exhibition spaces and an open-plan office for collaborators.

The Innovation Centre aims to create a vibrant niche in the Cambridge ecosystem for excellent research and entrepreneurial activity in the areas of climate change, environmental stewardship and technologies for challenging environments.
What gets people’s juices flowing and drives them to want to do something at work?

The difference between attracting and retaining top performers 90% of the time is understanding what motivates them. Most organisations only get it right 50% of the time. Why? Just take a look at most job descriptions and job adverts. How much of the text is about the skills and experience the candidate needs? Is there any reference to how the candidate should be motivated in order to thrive in the job?

As a former head-hunter, Katherine became intrigued by what drove people to consider moving jobs, take risks in their careers and turn down roles that on paper were a great match.

In 2001, Katherine founded Recrion to help organisations and high performers be better at discovering whether they could work together so that they had a 90% chance of making the right hiring / career decision. And in 2012 she founded a subsidiary, Career Ambitions, a specialist Career Management Coaching service to help professionals deal with redundancy, career change and career development.

To enable her clients to pinpoint their work based motivations, Katherine became one of just 550 people in the world to master a psycho-linguistic (conversational) tool, the Language and Behavioural (LAB) profile.
Dr Claire Button

Founder of CB Partners, a specialist life science executive search firm with an emphasis on supporting senior women in leadership roles. A qualified Executive Coach, having trained with The Academy of Executive Coaching, Claire works closely with women, and men, supporting them to achieve STEM career ambitions.

Claire encourages women to reflect on their experience within organisations they have been involved with, as well as the contributions they make outside the workplace. This enables a woman to recognise the impact she has, and can continue to have, within an organisation.

Acutely aware of the issues surrounding women in leadership, particularly around a lack of women in, or applying for, senior positions in STEM, Claire is passionate about empowering women to acknowledge their contribution to company success, as well as reflecting on areas that need strengthening.

Alongside Kate Atkin, Claire devised and presents Women in Leadership programmes; these practical programmes enhance women’s critical leadership skills and practices to support their career aspirations.

Having had a career break to raise her children, Claire is particularly interested in the challenges facing returnees – including both the woman’s own concerns and those from potential employers. As a single mother, Claire is aware of the importance of blending work and life in the most sustainable, beneficial and joyful way.

How to Shine When Returning to Work

Hosted by Dr Claire Button
First session
Conference room
Sara Horsfall

Founder of Ginibee ltd, mum of two, passionate about enabling companies to profit from the significant benefits of Jobsharing.

I spent 15 years pre-family in commercial strategy and management roles across financial and energy sectors, including business strategy, business development, recruitment, restructure, performance management and product development. During my MBA, I specialised in Knowledge Management and what motivates people to work together or hoard, which in some bizarre turn of fate is all highly applicable to creating and sustaining successful Jobshare partnerships.

Since becoming a single mother of two young children, I experienced first-hand how difficult it can be to find fulfilling work on a part-time basis. So I set up Ginibee with a mission to make Jobsharing an accessible and accepted career strategy.

I have experience with transforming relatively complex concepts and simplifying them into tangible products. So when I found out how much companies are spending on replacing talent because there’s no “easy” way of retaining them full-time (and let’s face it – not all roles can be done part time), I realised I could really make a difference.

Now we have a great team and a unique technology solution that does what it says on the tin “makes Jobsharing accessible”
Christina Youell

Christina is a Chartered Fellow of The CIPD with Board experience. She has held HR & OD Director roles on a permanent and interim basis in a number of different organisations.

She believes that leadership and good people management makes the difference between average and excellent organisational performance.

She is passionate about supporting people to be their best and to achieve their career aspirations. She is an OD practitioner who works at the individual, team and organisational levels. She is an executive coach, mediator and team coach.

She is currently studying for a Masters in Executive Coaching at Ashridge Business School.

She enjoys working with HR Directors and is passionate about supporting women into leadership positions. She aspires to a life full of love, laughter and learning.

Confidence and negotiation

Hosted by Christina Youell
Second session
Conference room
Tennie Videler

works for the University of Cambridge as Research Funding Coordinator at Cambridge Institute of Public Health. She did an undergraduate degree in Chemistry in the Netherlands. An opportunity to spend nine months in the UK as an exchange student resulted in Tennie starting a PhD research project on the interface between chemistry and biology. She spent 16 years doing research on structural biology, using different techniques on different systems.

Tennie has always enjoyed public engagement and communicating science to both children and adults. Towards the end of her postdoctoral career, she decided that she wanted to use her 'people' skills supporting researchers. So Tennie worked for Vitae, a careers organization specializing in careers and development of researchers. She then returned to Cambridge University as the coordinator for one of their research networks, followed by short stints in the NHS and with the Royal Society of Chemistry, both focusing on academic researchers. She is now back at the University once again in a different research network, this time for Public Health.
Cathy Sorbara

is the Chief Operations Officer of Cheeky Scientist, a training platform for academics who want to transition into industry. She manages the operations of all company programs and initiatives. Cathy is a lead developer of the Association’s training program and the chair of the Association’s private group.

Cathy received an undergraduate degree in Medical Science and a Masters in Biochemistry in Canada. From there, she travelled to Munich, Germany and completed her PhD in Medical Life Science and Technology.

Cathy has extensive experience in scientific publishing, public speaking and all things related to career transitions. In her spare time, she is Secretary and Steering Committee member for CamAWiSE in addition to training for her seventh marathon and learning Italian.

Getting noticed on LinkedIn

Facilitated by Cathy Sorbara
Workshop
Seminar room B
Chair:

Jenny Brookman

For a long period I worked part-time. These were some of my most successful years in research and enabled me to have a healthy work-life balance while my two daughters were growing up. But then seeking guidance for a career change back in 2003, I was introduced to AWiSE and the MentorSET program. Being involved with the setting up of the CamAWiSE network has been very rewarding and has opened many new doors.

Ruchi Chauhan

She is a biotechnology scientist with 15 years of research experience in various fields, including Neuroscience, Cancer, Proteo-Gen (omics) etc. Ruchi did her Ph.D. research at the Boston Children’s Hospital / Harvard Medical School, USA. She worked as a Postdoctoral Fellow at the Merck Pharma, Boston, USA. Currently, she is a Research Scientist at the Department of

Sarah Bearpark

is a Chartered Engineer and Chartered Environmentalist with a degree in Civil and Environmental Engineering. She left a successful career in environmental engineering consultancy to focus on her family. Following a four year career break she worked for four years at Cambridge Regional College, as Curriculum Leader for Sustainable Development and Sustainability Manager. After taking a second career break she has just returned to work for Mott MacDonald as an Environmental Impact Assessment Consultant. Along the way she has done a variety of different voluntary and community

Catherine Onley

She is a Daphne Jackson Fellow in the Cell Surface Signalling group. Her primary research interest is protein-protein interactions during cellular recognition and activation events. She is investigating the mechanisms of red blood cell invasion by the parasite Babesia microti to identify potential targets for vaccines and therapeutic intervention.

Dr. Ruchi Sharma

Founder and CEO, has over ten years of experience in stem cell research and cutting edge technologies, e.g. cellular reprogramming, differentiation and advanced imaging. She obtained her PhD from the University of Edinburgh followed by a postdoc at Cambridge University. A Veterinarian and Physiologist, her mission is to provide an easy to use platform for in-vitro drug testing.

Panelists

Panel and Q&A

4:00 p.m
Aurora centre

The Aurora Cambridge innovation initiative creates a space within British Antarctic Survey where new ideas, out-of-the-box thinking and new connections can lead to cross-science breakthroughs and new partnerships.

Co-funded by NERC and University of Cambridge, Aurora Cambridge aims to generate new academic, business and policy partnerships that focus on excellent research and entrepreneurial activity in the areas of climate change, environmental stewardship and technologies for challenging environments.
About CamAWiSE

Cambridge AWiSE is a regional network for women in science, technology, engineering, and maths (STEM) in both industry and academia and for women who wish to return to a STEM career after a break. We bring together women with common interests and act as a source of support, information, and inspiration. We aim to help women stay in STEM and make the most of their careers. We provide regular talks, workshops, networking opportunities and information through our website and newsletter.

Cambridge AWiSE members come from all career stages, from Undergraduates to Company Directors and Professors. Although based in Cambridge, we welcome anyone from the Eastern Region (and beyond!).

Learn more www.camawise.org.uk
Sponsors

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