Reducing the impact of Coronavirus on employee mental health

Who is it for?

Recommended for managers who are managing people remotely during the Coronavirus pandemic

Aims & Objectives:

This 2-hour training session will help you to recognise the risks posed by enforced home working during a pandemic, and provide simple solutions to improve motivation and engagement.

By the end of this workshop you will be able to:

- Understand the impact of enforced home working on morale, productivity and mental health
- Consider how to provide visible management for remote workers during a crisis

Outline:

- The impact of enforced home working
  - Recognise the impact change can have on our mental health
  - Understand the impact of enforced home working on morale and productivity
- Management responsibilities during times of uncertainty
  - The role of the manager to motivate and engage employees to improve morale, productivity and mental health
  - Tools and techniques to manage remote workers during this crisis

Format:

This online workshop is a mix of theory and practical skills development. The session ends by developing an action plan for putting learning into practice in the workplace.